

## 2017 COURSE INFORMATION FOR WORKING AT HEIGHTS

# Working at Heights

## RIIWHS204D Work Safely at Heights

### Course Delivery

FACE TO FACE - at our site in Wetherill Park (see our course calendar for scheduled Work Safely at Height dates)

FACE TO FACE - at your site (providing you have adequate training areas, resources and participants)



### Course Duration

1 day (approx. 7 hours)

### Course Cost

**\$225 per person gst-free**

**Group Discount \$205 per person (GST-free) (for a group of 10-12 participants for courses delivered at your site or ours)**

### Course Prerequisites

Participants must be able to speak and understand English and provide suitable identification.

### Course Overview

Working at Heights training course is suitable for any person who is required to work at any height. The course covers all aspects of safe access to heights, legislative requirements, selection use and maintenance of personal protective equipment (including correct use and fitting of safety harnesses), along with practical exercises of setting up fall arrest systems and the rescue of a suspended casualty.

Height safety training includes an overview of legislation relating to working at heights, introduction to hazards and risks, correct use of harness and recovery procedure for fall arrest.

### Course Content

#### Theory component includes:

- Work at Height Regulations / PPE regulations
- Health and Safety at Work Act
- AS/NZ and EN Standards
- Hazard Analysis and Risk Assessment
- Work restraint and positioning
- Fall Arrest
- Inspection and record keeping procedures

#### Practical component includes:

- Identification and inspection of equipment using samples
- The correct fitting of harnesses
- The correct use of ladders, lanyards, anchor straps
- The Gotcha Rescue System
- The correct and safe storage of equipment

### Course Outcomes

By the end of this working at heights training course, participants will be able to: identify work requirements, identify work procedures and instructions for the task,

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access and install equipment, perform work at heights, clean up work area and rescue suspended persons. Satisfactory completion of this course will result in the awarding of a Statement of Attainment in the Nationally Recognised Unit of Competency RIIWHS204D Work Safely at Heights.

### September 2017

Date	Course	Start time	Finish time	Location
Fri 01	Working at Heights	7:30AM	3:30PM	Wetherill Park
Fri 15	Working at Heights	7:30AM	3:30PM	Wetherill Park
Fri 29	Working at Heights	7:30AM	3:30PM	Wetherill Park

### October 2017

Date	Course	Start time	Finish time	Location
Fri 13	Working at Heights	7:30AM	3:30PM	Wetherill Park
Fri 27	Working at Heights	7:30AM	3:30PM	Wetherill Park

### November 2017

Date	Course	Start time	Finish time	Location
Fri 10	Working at Heights	7:30AM	3:30PM	Wetherill Park
Fri 24	Working at Heights	7:30AM	3:30PM	Wetherill Park

### December 2017

Date	Course	Start time	Finish time	Location
Fri 08	Working at Heights	7:30AM	3:30PM	Wetherill Park